

## About this year's programme leaders



Dilwyn Edwards

Dilwyn is a retired Methodist minister living in Bristol who has experience of life in rural and inner city communities. His early studies were in mathematics and theology but he has developed a keen interest in spirituality and literature and is indebted particularly to the work of R S Thomas and Malcolm Guite



Liz Palin

Liz is a vicar in the Stroudwater team, and is the Spirituality Advisor for Gloucester diocese. She spent 28 years running retreat houses before entering full time ordained ministry in 2013. She is also a member of the core group of the Spirituality Network, and of the Gloucester Diocesan Worship Prayer and Spirituality Group.



Shaun Lambert

Shaun is a Baptist minister in Stanmore in North West London. He is part of the New Wine leader's network, and PREMIER Mind and Soul network, who has trained extensively in counselling and psychotherapy. He has been researching mindfulness since 2006.

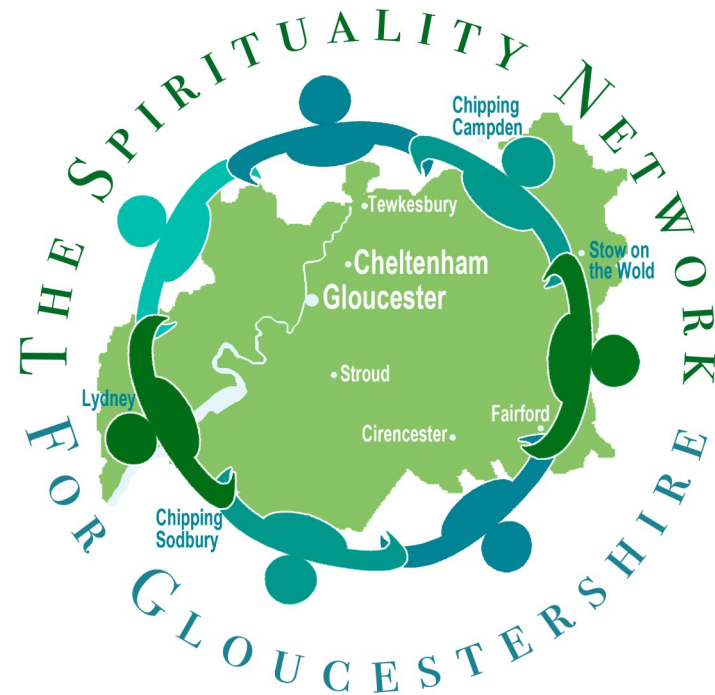


Ian Bussell

Psychotherapy, teaching, spiritual direction, and coaching have all been part of Ian's call and he describes them as all useful in his current role of Head of Ministerial Development for the Diocese of Gloucester

# The Spirituality Network For Gloucestershire

(a body in association with Gloucestershire  
Churches Together)



## Programme of Events 2019

[www.snfglos.org.uk](http://www.snfglos.org.uk)



**Saturday, 16 March**

***Our spiritual journey: insights from poetry and story*** A Quiet Day for Lent

*Revd. Dilwyn Edwards*

Christ the King Roman Catholic Church Parish Hall, Castle Street, Thornbury BS35 1HA. Cost £10.

To reserve a place, contact Revd. Dr. Alison Evans  
[CTGlos@outlook.com](mailto:CTGlos@outlook.com) 01453 824034

**Saturday, 18 May**

***Leading a Quiet Day:*** a training day

*Revd. Liz Palin*



St. Nicolas Church, Swindon Lane, Cheltenham GL50 4PA. Cost £12

To reserve a place contact Revd. Canon Michael Cozens  
[mgcozens86@btinternet.com](mailto:mgcozens86@btinternet.com) 01453 546459

Booking opens 1 March

All events start with coffee at 10.00am and finish at 3.00pm. Tea & coffee are provided but please bring a packed lunch.



**Saturday, 12 October**

***Christian Mindfulness:*** a day of study and reflection

*Revd. Shaun Lambert*

St. Patrick's Roman Catholic Church, St. Patrick's Court, Brockworth, Gloucester GL3 4HL. Cost £12.

To reserve a place, please contact Revd. Diane Daymond  
[daymondrd@gmail.com](mailto:daymondrd@gmail.com) 01242 524869

Booking opens 1 August

**Thursday, 28 November**

***The Gift of Presence:*** A Quiet Day for Advent



*Revd. Canon Ian Bussell*

The Parish Rooms, Highnam, nr. Gloucester GL2 8DG. Cost £10

To reserve a place contact Revd. Liz Palin  
[lzpalin@gmail.com](mailto:lzpalin@gmail.com) 01452 741147

Booking opens 16 September

All events start with coffee at 10.00am and finish at 3.00pm. Tea & coffee are provided but please bring a packed lunch.